



ARK ATWOOD PRIMARY ACADEMY

NEWSLETTER

27th January 2017

HAVE COURAGE AND BE KIND

DIARY DATES SPRING TERM FIRST HALF

January

27th

8.45 Year 2 Titanic presentations to parents
8.45 KS2 Achievement assembly
8.45 – 9.30 Feedback from parents re: new menu
(Please go straight from assembly or Titanic presentations to the Studio if you wish to give menu feedback)
13:00 – 15:00 Triple P Parenting Course in WAES

30th

AM Year 5 Wide Horizons outreach
9am KSI Parents maths workshop – Calculation date changed.
Next Monday's (30th January) KSI maths workshop for parents will move to Wednesday 1st February
10.05 Barbados Class Maida Vale Library

31st

AM Year 5 Wide Horizons outreach
10.00-14.00 Year 5 Boys football tournament @ Paddington Rec (7 boys)

February

1st

16.30 Governing body

2nd

8.45 Year 3 Belgium Class assembly

3rd

8.45 Parent Forum meet (Studio)
13:00 – 15:00 Triple P Parenting Course in WAES

6th

9am KS2 Parents maths workshop - Calculation
Year 5 Romeo & Juliet Workshop
16.20-18.20 Parents' evening

9th

One Voice: Sing into spring (Details for the choir TBC)
8.45 Year 3 Norway Class assembly
11.00 China Class Maida Vale Library
16.20-19.10 Parents' evening

10th

13:00 – 15:00 Triple P Parenting Course in WAES

Close for half term – 16:00
(Salsa Club and P3 still available)

Monday 20th SCHOOL CLOSED INSET DAY

Value this week: Integrity

Tuesday 21st February 8.30 Spring 2 starts for pupils

Monday 27th February 8.45 SRE Q and A Y5 Parents Room 201

School Uniform SALE

Below is an updated list of what we still have in the building to clear it out at half the normal retail price.

Please understand that **ONLY** this stock will be at the reduced price to make space in our limited storage areas. The stock is sold on a first come basis.

If you wish to purchase any of this stock please email f.dalu-chandu@arkatwoodprimary.org who will organise for you to collect.

Please do not ask at the office unless it is confirmed by Fiona your items are waiting for collection.

Reversible Jackets £12

XS (3-4) x 38

S (5-6) x 23

M (7-8) x 16

Knitted V Neck Jumper £8

24" x 18

White Polos £4

XS x 5

PE Hoodie £7

3-4 x 3

Sweatshirt Crew Neck £4

3-4 x 1

Dear parents.

The KSI maths calculation workshop for parents originally scheduled for next Monday 30th January at 9.00am will now take place on Wednesday 1st February at 9.00am.

We have some education government ministers visiting from Liberia next Monday morning. Apologies for any inconvenience caused with the date change.

Regards, Mr Upfield

Menu for spring summer 2017

Ark Atwood Healthy Lunch menu (draft) February 2017 – July 2017

Week 1

	Vegetarian Monday	Halal Tuesday	Wednesday	Halal Thursday	Friday
Main	Falafel in pitta	Very mild Thai green chicken curry with steamed brown rice	Sausage and mashed potatoes	Spaghetti with homemade bolognese sauce Beef mince	Breaded cod and chips
Vegetarian	Grilled halloumi in pitta	Very mild Thai green Edamame bean and vegetable curry with steamed brown rice	Linda McCartney non-Quorn sausage and mashed potatoes	Spaghetti with homemade vegetarian lentil mince (non-Quorn) bolognese sauce	Cheese and onion lattice fingers and chips
Sides	Greek Salad – Cucumber, tomato rocket	Mixed fresh salad	Fresh carrots and peas	Steamed fresh broccoli	Baked beans Fresh chopped salad
Dessert	Prepared fresh fruit salad in fruit juice Fresh fruit of the day	Apple crumble with custard Fresh fruit of the day	Fruit yogurt Non-dairy fresh fruit pieces (grapes/water melon/pineapple) Fresh fruit of the day	Homemade oat flapjack Fresh fruit of the day	Blueberry muffin Fresh fruit of the day

Week 2

	Vegetarian Monday	Halal Tuesday	Wednesday	Halal Thursday	Friday
Main Vegetarian	Macaroni Cheese bake with garlic bread	Mild chilli con carne with steamed rice Beef mince	Roast chicken with roast potatoes, Yorkshire pudding, gluten-free gravy	Barbeque chicken with parsley topped new potatoes	Salmon fillet and chips
Dairy free alternative	Dairy free pasta with homemade tomato and vegetable blended sauce	Mild chilli con <u>vegetaria</u> with black eyed peas and steamed rice	Roast quorn fillets with roast potatoes, Yorkshire pudding, gluten-free gravy	Chef's pasta with tasty homemade hidden five - Bean vegetable pasta sauce	Chilli chick pea Burrito with fresh vegetables and chips
Sides	Fresh steamed broccoli	Steamed fresh whole green beans	Mixed vegetables	Fresh steamed kale Fresh chopped salad	Steamed carrot Fresh
Dessert	Prepared fresh fruit salad in fruit juice Fresh fruit of the day	Plain vanilla sponge with custard Fresh fruit of the day	Fruit yogurt Non-dairy fresh fruit pieces (grapes/water melon/pineapple) Fresh fruit of the day	Homemade oat and sultana flapjack Fresh fruit of the day	Shortcake biscuit Fresh fruit of the day

Week 3

	Vegetarian Monday	Halal Tuesday	Wednesday	Halal Thursday	Friday
Main	Vegetarian pizza with well-chopped red onion, red pepper, mozzarella cheese and fresh tomato sauce base	Beef cottage pie with mashed potato topping	Mild and tasty lamb stew in tomato and herb sauce	Mild chicken and butternut squash sweet curry with steamed rice	Fish fingers and sweet potato wedges
Vegetarian	Vegetarian mince (non-quorn) cottage pie with mashed potato topping	Vegetarian mince (non-quorn) cottage pie with mashed potato topping	Mild and tasty five-bean stew in tomato and herb sauce	Butternut squash and bean sweet curry with steamed rice	Yellow pea and winter vegetable pasties with sweet potato wedges
Sides	Corn on the cob Fresh salad – lettuce, tomato, cucumber and sweetcorn	Steamed fresh sugar snap peas Fresh chopped salad	Flat breads Fresh chopped salad with feta option	Steamed fresh broccoli Fresh chopped salad	Peas Fresh chopped salad
Dessert	Prepared fresh fruit salad in fruit juice Fresh fruit of the day	Chocolate sponge with custard Fresh fruit of the day	Fruit yogurt Non-dairy fresh fruit pieces (grapes/water melon/pineapple) Fresh fruit of the day	Homemade oat and chopped apricot flapjack Fresh fruit of the day	Blueberry muffin Fresh fruit of the day

Notes to the new menu suggestions

Feedback on the menu previously has been listened to – thanks for the emails with suggestions and comments

New for the remainder of the academic year

- Meat types where possible are not repeated within a week
- Pasta is distributed throughout the three week cycle evenly
- Accompaniments to main courses have been varied with salad and vegetables sourced fresh where possible and practical
- Dessert options include a greater range of fruit and milkshakes have been removed
- Quorn has been minimised with the non-meat offer including vegetarian mince which meets the allergy criteria for many pupils
- Rolls, popular as they are, do not now really represent a value for money offer for parents and can encourage children to be less adventurous in their food choice at lunch time. Rolls are now no longer on the Atwood menu except for a very small proportion of our pupils with specific dietary and need restrictions.

The above is the proposed menu offer for Atwood children after half term. There will be an opportunity for feedback on the proposals on Friday morning in the Studio. We are aware that there is a Titanic presentation and a KS2 assembly so we will begin the proper feedback at 9am to allow parents to come from one to the other if they wish. Copies of the menu will be in the studio for you to look at.

Library news



During the week of World Book Day we will be holding a Sponsored Read – look out for information about this and sponsorship forms which will go out to children after half term. During the week we also have Usborne Book Fair again as it was so popular last term. World Book day itself falls on Thursday 2nd March. Your child can come to school dressed as a character from a book or if you would like you could use the theme of Super Heroes as a guide for ideas!

Parent Evening booking news

Parents will be able to make bookings for Parents Evening from **Monday 30th January** via Parentmail. Parents that are not connected will be able to make a booking through either Mrs Hall or Mrs Mahoney at the school office. Timings for Parents Evening have changed to the following **Monday 6th Feb 16:20- 18:20pm** and **Tuesday 9th Feb 16:20pm- 19:10pm**.

Notes from teachers

Reception. We were delighted with the year R writing this last week and a few children were chosen to visit Year 3 Belgium and read their stories out to them. Incredible writing from some of our youngest students! Please talk to your child about dinosaur facts and non-fiction books. Continue to work on their phonics with their individual homework which will include sounding out and blending independently.

Year 1 In literacy the children will be writing recounts following the rescheduled trip to the Monument. Ask your children to recount events in time order using words like, first, next, after that, then and finally. In maths we are starting a new unit on calculations within 20 such as which numbers could make a total of 17? In science children are learning about plants and germination. They need to learn words like; Germination, sprout, shoot, oxygen, disperse and root. Please continue to read with and to your child daily.

Year 2 Year 2 are excited about their titanic presentation on Friday! In maths they are working on reading the time, including telling the time to the hour, half hour, quarter past and quarter to. They are (like year 1) learning about plants and linking their writing to this with instructions using verbs and adverbs (e.g. plant carefully).

Year 3 We are continuing to work in maths on measurements – in particular using rulers and measuring accurately in cms and mms. For spellings please work on the words which end in –le. The Atwood website has information about spellings for each year group. In Literacy we are finishing our stories about a trip in time to the Stone Age – ask your child about the power of three for description or even about their story. Children have also been working on relative clauses in sentences for example, the man, who had enormous ears, was sitting in front of me.

Year 4 In literacy we are working on adding direct speech and punctuating it correctly. We have also been practising writing sentences which begin with phrases like ‘In the blink of an eye’, ‘jumping excitedly’. See if your child can explain this and give you some other examples. In maths children are learning to read data from bar graphs and pictographs. Year 4 are learning about arithmetic in extra sessions on Monday afternoons – this is focussing on the four operations; addition, subtraction, multiplication and division. Please practise times tables continuously to help with this.

Year 5. We have just finished a really fabulous piece of writing using formal discussion language. You could support this at home by asking your child to discuss with you, a contentious topic such as whether to wear school uniforms or have mobile phones in school. In maths the pupils are now ready to move onto the next topic in their homework books. As always, please continue to work on times tables and division facts.

Walking bus

The walking is now full! There has been a great response and if there is any additional interest please let Miss Rees know and we can put your child on the waiting list. We look forward to this starting after half term. There are bound to be lots of positive outcomes for children in school to enjoy our activities for learning and well-being in the first part of our school mornings.

Pick up and drop off

For the safety of your children, please access the school through the playground gates; some parents are coming in regularly through the main school doors and this means they are open for extended periods of time. If you have a new baby or difficulty walking then let the office know.

Thank you