



Ark Atwood: Newsletter, Friday 11th November

Dear Parents,

Friends of Ark Atwood It was great to see lots of you at our Friends of Ark Atwood meeting earlier in the week. We have a couple more events coming up this term. **First up is the Winter Fair which will be taking place on Thursday 8th December after school** – the last event was fantastic so if you are able to support (and we need lots of helpers!), please contact Ishraf and she can let you know what she needs. Further details on the right. Also coming up is the Quiz Night – date and details will be confirmed next week.

Nasal Flu Vaccine Lots of parents have asked me when the Nasal Flu Vaccine will be administered for children. **I can confirm this will be on Tuesday 6th December.** Consent forms for parents will be shared in the next few weeks as will further information.

Attendance This has taken a hit this week with lots of absence due to flu and other seasonal viruses. Clearly if children are unwell they should not be in school but hopefully we can get back on track next week. Lots of children have been coming to school without coats on so please ensure they have one every day so they are keeping warm when playing outside at school.

Have a great weekend.

Best Wishes

James Evelyn
Headteacher, Ark Atwood Primary Academy

Anti Bullying Week

Next week is Anti Bullying Week where all schools have a special focus on being kind, inclusive and talking about what we can do to ensure there is no bullying in school. A number of events will be happening in school over the week and **on Friday, we would like children to come to school wearing odd socks.** Odd Socks Day is an opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique!

Friends of Ark Atwood Presents

FREE ENTRY

Winter FAIR

Thursday 8th December 2022
Time: After School

☆Volunteers to set up needed! ☆ Volunteers to run stalls needed! ☆Food to sell needed! ☆Cakes to sell needed! ☆Unused Toys (in good condition) and Prize items needed! ☆ Snow machine needed (to borrow) ☆ Football target net needed (to borrow) ☆Winter themed decorations needed (E.g. Battery operated fairy lights, inflatable snowman, etc.)

All efforts, donations and contributions are hugely appreciated!
Please contact Ishraf or Jonny to get involved or simply add your name to the list circulating in your class' groupchat!

Made with PosterMyWall.com

This Anti-Bullying Week,
let's come together and **reach out**
to stop bullying.

REACH OUT

Monday 14th to Friday 18th November
#AntiBullyingWeek
#ReachOut

*** Phonics Parents Meeting – Thursday 17th November ***

We invite all Reception parents to attend our Reception Phonics Parents Meeting this coming Thursday at 8:00 am in Mexico Class. At Atwood our vision is that every child learns how to read and we are determined to make this happen by delivering a robust synthetic phonics programme in our Early Reading Provision. This is why Reception is such an important year in every child's reading journey. Please join our workshop to see how we teach phonics at Atwood, how the phonics programme progresses through the year in Reception and how you can best support your child at home.



Atwood Football Team

Another week, another football match for Atwood FC. This time it was the turn of our Y3/4 girls to host KSA in a friendly match at our pitch.

It was both teams first ever game and they put on a great show – Malak (Y4) scored a beauty of a goal as we ended up on the wrong side of a 2-1 loss. A special mention goes out to Mouna (Y4) who put in a captain's performance and really rallied the group in the second half. Well done girls!



Parents Evening – 28th November & 4th December

Parents Evenings are taking place later this term on Monday 28th November and Thursday 1st December. These will be in person sessions.

As previously, school will finish at 2.40pm on these days with the first session beginning at 3.00pm and the last session finishing at 6.00pm.

You can now book your slot(s) on Parent Mail. Reception and Nursery parents should contact the office to book their slots as there are still issues with the booking system.

Achievement Assembly

As always on Friday, we celebrated two wonderful scholars from each class who have either personified the Atwood Values or been true Atwood scholars producing great work. Congratulations to these children (we are switching each week between Upper School and Lower School).

Class	Children
Brazil	Dylan and Magnus
Ghana	Asia and Arianna
Spain	Rayan and
Greece	Justin and Daejanaye
Canada	Jude and Noor
Australia	Saja and Jenna

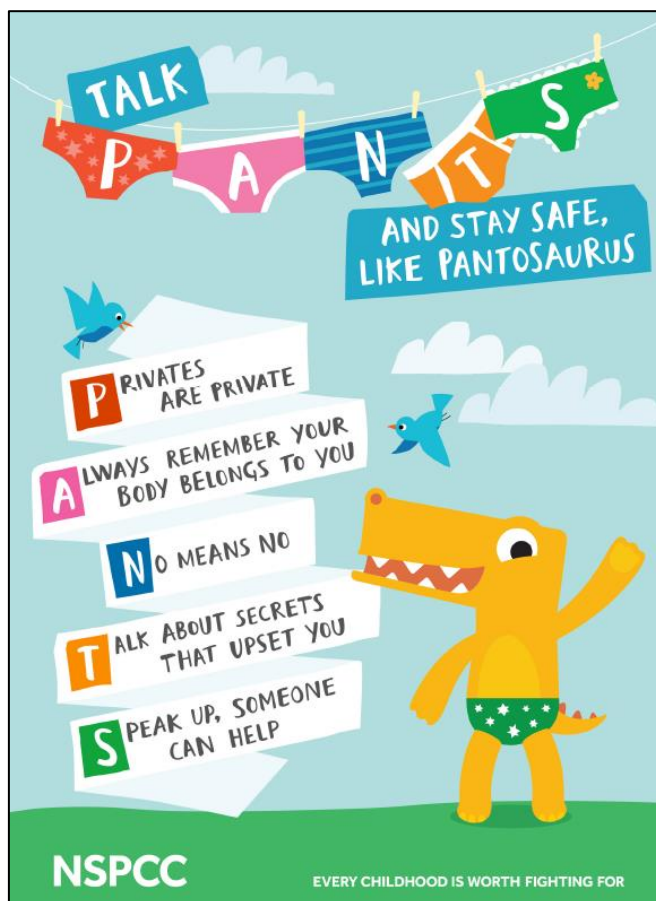


NSPCC 'PANTS' Campaign

As part of our PSHE Policy we have been talking about all the ways we can keep ourselves safe.

Please use the mnemonic 'PANTS' to facilitate conversations with your child about personal safety.

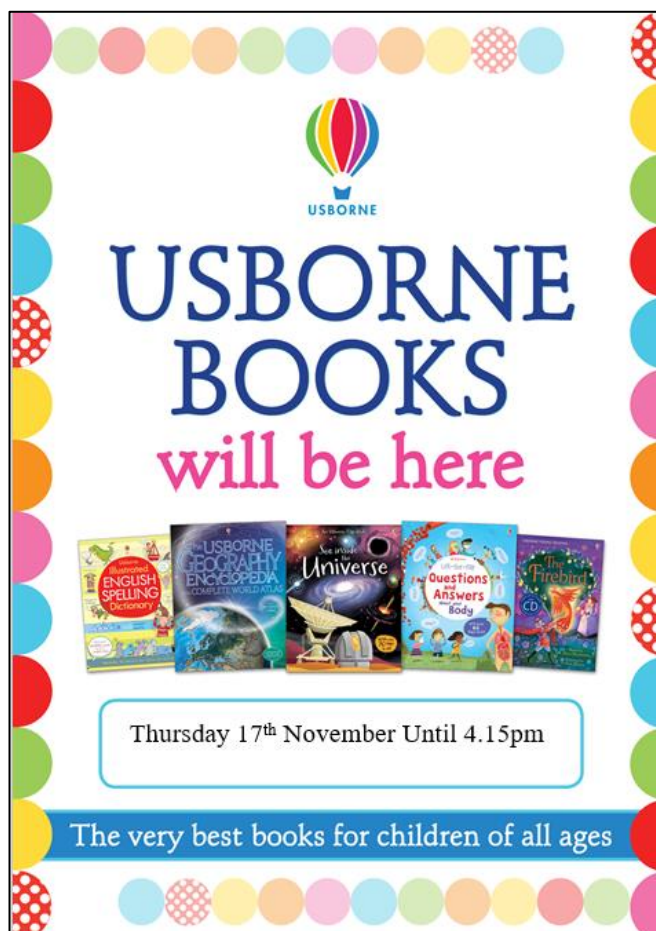
There is lots more information on the NSPCC website – please click here for resources and ideas <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>



Usborne Book Fair

The Usborne Book Fair is coming to Atwood on Tuesday 17th November. The children will be visiting the book fair during the day to look at the books and identify ones they would like to purchase.

The Book Fair will also be in the playground after school so parents will be able to view the books too.



Atwood Office News

A couple of reminders from the office to parents:

- **Absence Reporting:** Please make sure you leave a message or email the school office by 7.30am on the day of absence
- **Payments:** Please can all payments be paid by Wise Pay. If you need help accessing Wise Pay, please contact the office. We are in the process of moving to a cashless way of working.

Attendance

Excellent attendance is vital to success at school. We track attendance closely and celebrate excellent attendance.

Congratulations to our classes with the best attendance over the last five days:

Class Breakdown			
Globe	90.2	Belgium	86.5
Mexico	77.1	Ghana	99.3
India	82.4	Brazil	91.0
Italy	88.6	Greece	95.3
France	76.5	Spain	93.9
China	78.2	Canada	92.9
Barbados	81.0	Australia	89.6
Norway	86.0	Whole School	87.1 😞



House Points



The House Points for this week have been counted. Totals for this week:

Aspiration & Achievement	Scholarship	Perseverance	Integrity	Respect & Responsibility	Enthusiasm
198	305	209	152	280	308

This week's winner is Enthusiasm with a brilliant 308 points. Thank you to Jenna, Enthusiasm House Captain, for her lovely words at assembly this morning.

E-Safety

We share E-Safety information with parents in the Atwood newsletter. This is to help you in ensuring that your child can use technology safely. Please read the following information.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National
Online
Safety®
#WakeUpWednesday